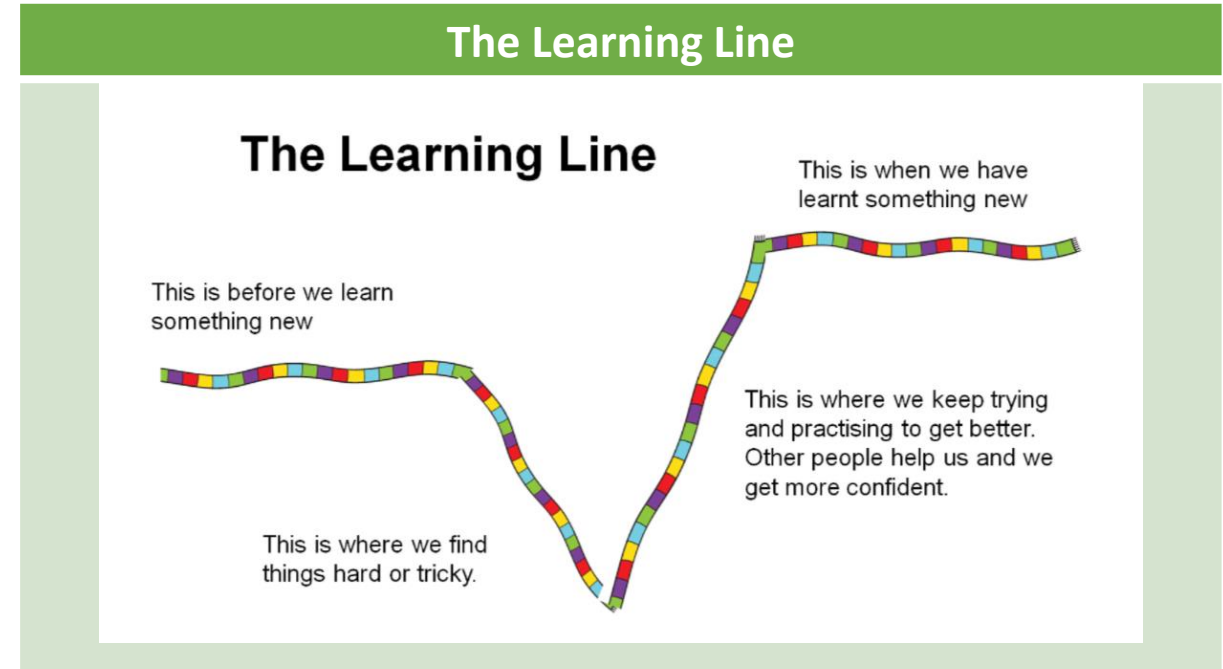


KEY VOCABULARY	
Hygiene	to maintain health and prevent disease
Difference	not the same as another or each other
Feeling	an emotional state or reaction
Behaviour	the way in which one acts or conducts oneself, especially towards others
Mistakes	to be wrong
Body	the physical structure, including the bones, flesh, and organs, of a person
Problem solving	the process of finding solutions to difficult or complex issues



Outcomes (Learning) Skills (Knowledge)

- Help themselves and others develop a positive attitude that support their wellbeing.
- Understand and give examples of things they can choose themselves and things that others choose for them.
- Explain things that they like and dislike and understand that they have choices about these things.
- Explain how germs can be spread and describe simple hygiene routines such as hand washing.
- Understand that vaccinations can help to prevent certain illnesses.
- Explain the importance of good dental hygiene; describe simple dental hygiene routines.
- Understand that the body gets energy from food, water and oxygen.
- Recognise that exercise and sleep are important to health.

